



**Parenting isn't easy. We're here to help.**

Eastside Preparatory School is excited to partner with ParentMap to offer our school community FREE access to the ParentEd Talks webinar series (\$120 value). With 12 renowned speakers, we'll cover building resilience, navigating screen time, mental health, fostering independence and more essential topics.



**Raising Digital Natives: Solutions for Healthy Screen Time Habits**

*With Delaney Ruston, documentary filmmaker, author and physician*

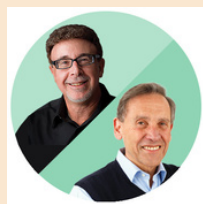
**Nov. 19, 2024, 7–8 p.m. PT**



**Navigating Neurodiversity: Strength-Based Support for ADHD Kids**

*With Dr. Edward (Ned) Hallowell, psychiatrist and New York Times best-selling author*

**Jan. 16, 2025, noon–1 p.m. PT**



**The Lost Art of Civility: Raising Respectful Kids**

*With Robert B. Brooks and Sam Goldstein, co-authors of "Tenacity in Children" and "The Power of Resilience"*

**Feb. 25, 2025, noon–1 p.m. PT**

**Watch anytime, anywhere**

Participate in the live Q&A or access the event recordings anytime.



See the full lineup and register for the entire series now for **free!**

**ParentMap.com/talks**

**Use discount**

**code: EASTPREPSCH**

